



BALCONES WOODS NEWSLETTER

Balcones Woods Club, Inc. * 11204 Alhambra* Austin, TX 78759

JULY 2007

Web site: www.balconeswoods.org * E-mail: newsletter@balconeswoods.org

2007 AAL CHAMPIONS!!!

Once again, the Balcones Woods Blue Wave swimmers were phenomenal!! Congratulations go to everyone who worked so very hard this entire season. A big thank you goes to the Coaches: Head Coach Juli, Coach Huddie, Coach Carol, Coach Ryan, Coach John, and Coach Julia.

The final results for the Championship Meet are: **Balcones Woods, 1st Place - 648;** Westover, 2nd Place – 561.5; F.A.S.T. Frogs, 3rd Place – 394.5; Twin Creeks, 4th Place - 322; Great Hills/Jester/Lakewood, 5th Place - 263

TIME RECORDS BROKEN – WOW! The Blue Wave had 6 (yes, 6!) all-time records broken at this year's Championship Meet. Way to GO! **Girls 11-12 200 Medley Relay**, BW 2:15.99 - Juliana Hall, Chris Anne Laskowski, Kelsey Kiser, and Hailey Kiser **Girls 13-14 200 Yard Medley Relay**, BW 2:01.02 - Zoe James, Shelby Kiser, Sydney Torabi, and Amy Olsen **Girls 13-14 50 Yard Breast**, Shelby Kiser, BW 32.27 **Womens 15-18 50 Yard Fly**, Lesley Murray, BW 28.24 **Girls 13-14 200 Yard Free Relay**, BW 32.92 - Zoe James, Shelby Kiser, Sydney Torabi, and Amy Olsen **Womens 15-18 200 Yard Free Relay**, BW 1:48.32 - Robin Beger, Laura Wagner, Kathryn Larson, and Lesley Murray. **PHOTOS** from the Meets are on the neighborhood website at www.balconeswoods.org under Swim Team. Thanks to Zack Rivette for posting the pictures and for taking them all season.

Great season, team!

CALENDAR UPDATES!

August 7th: National Night Out!

August 14th at 7 pm:

1. NW Area Command
Commander's Forum Meeting
Covenant UMC; 4410 Duval

2. Neighborhood Board meeting
Seton NW dining room

August 25th (Sat), 7-10 PM: Adult
Pot Luck Dinner at Pool. Main dish
and drinks provided. Please bring a
side dish or a dessert to share!

September 21st (Fri), 7-10 PM:
Adult Casino Party at Pool
Dinner and drinks provided!



Backyard Beneficials

Only about 5% of all the world's insects are pests. Many insects are beneficial, helping to pollinate plants, breaking down waste material or feeding on insects we consider pests. There are numerous common arthropods (insects, spiders, etc.) that help manage pests in your own backyard. With a bit of care and patience, you can help these creatures remain to help out with your pest control. Beneficial arthropods are typically lumped into two categories based on their eating habits. Generalists tend to consume a wide variety of organisms and are of limited use in a biological control program. It is good to conserve generalists, such as spiders and mantids, but you should not introduce large numbers into an area. These creatures do not differentiate between "good" and "bad" bugs, so they may capture things such as bees to consume as well as pest species.

Specialists consume a narrow range of hosts and can be very good reducing specific pest populations. If you choose to augment your backyard population by releasing things like ladybugs, it is best in an enclosed environment. Build a small cage to place over the plant with pests and release ladybugs in the cage to allow the ladybugs a smaller area in which to find the host and lay their eggs. Many times when ladybugs are introduced into a backyard habitat, they simply fly away. Building an enclosure can help prevent this from happening.

Other insects are also available, such as *Trichogramma* sp., that parasitize eggs of a variety of insects. These can be good management tool since they attack only one stage of the insect. When looking at things to release in your backyard to help manage pest populations, it helps to know what the pest is so that you can choose a proper arthropod that will eat the pest. Also, if you choose to use pesticides to manage pests, but want to conserve beneficials, try to use less-toxic pesticides with short residuals and narrow host ranges as opposed to broad spectrum products with long residuals. For more information or help with identification, contact Wizzie Brown, Texas Cooperative Extension Program Specialist at 512.854.9600.



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Call Amanda Roam at 241-1380.

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- Call Austin 345-8416

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Please call 627-3822

My name is David Geyer, a responsible 13 year old. My brother Marshall and I have started Geyer Neighborhood Services. You can hire us by e-mailing our shared address, which is:

housesittingcentral@yahoo.com You can also visit our website, which is:
www.geverns.2ya.com

Editor's note: If you are 18 or under and would like to post a free ad, please e-mail us at newsletter@balconeswoods.org or call 794-8962.



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CLUB CORNER



It's back to school time, but don't stress, read a book for fun, then join **Balcones Woods Bookclub** to discuss these upcoming books. For more info and locations of future meetings, contact Sheri Radomsky, 527-8581 or sheriradomsky@hotmail.com

August 14: *The Flamenco Academy* Author Sarah Bird

September 11: *The History of Love* Author Nicole Krauss

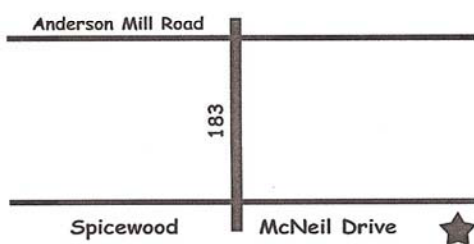
October 9: *Water for Elephants* Author Sara Gruen


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NATIONAL NIGHT OUT!

Tuesday, August 7th

On Tuesday, August 7th, neighborhoods throughout Austin are being invited to join with thousands of communities nationwide to participate in the 24th Annual National Night Out. Austin police officers, firefighters, EMS personnel and City Council Members will attend neighborhood parties throughout Austin.

National Night Out is an opportunity to:

- Heighten awareness of drug and crime prevention efforts
- Generate support and participation in crime prevention efforts
- Strengthen neighborhood spirit and police community relations
- Send a message to criminals to let them know that neighborhoods are organized and fighting back.

For the past 11 years, Texas had led the nation in citizen and police involvement. Your participation in the Balcones Woods National Night Out will show neighborhood strength, increase the police officer/citizen bond and make our neighborhood an overall safer place to live.

In previous years, this night has been marked by block parties being held throughout the neighborhood. The block party can be as elaborate as a cook-out down to a simple meet and greet the neighbors. Block parties are currently being organized all over the neighborhood and in an attempt to have either a police officer, firefighter or EMS person attend each party, I will be coordinating the event for the neighborhood. Don't be shy about planning an event. If you haven't been contacted by someone on your street, take the "bull by the horns" and plan one yourself. I will be happy to help in the planning of a party for your street.

If your street doesn't have a party, please show solidarity with the other neighbors by turning on your porch lights between 7 -10 PM and around 8:00, go outside to the curb and look up and down the street. See who else comes out and go up and meet them. The first step of a successful crime watch is getting to know your neighbors.

You can make a difference in keeping our neighborhood safe. If you are interested in setting up a block party, please call me, Jeff Crozier, at 349-0767 so I can get you the materials you need. Thanks and have a wonderful and safe event.



(left): Photos from the Fourth of July parade!

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COME, GO...

Christmas in July Party
July 29th, 2 to 4 pm
338-1518 / 4009 Madrid Cove

Phyllis Zumwalt
Your Balcones Woods Consultant
phyllis_zumwalt@marykay.com
www.marykay.com/phyllis_zumwalt