



BALCONES Woods
BLUE WAVE

CATCH THE WAVE

2009-09

The Blue Wave had another amazing meet against the Fast Frogs this past weekend! The final score of the meet was 382-252. Thanks again to all our wonderful parent volunteers for helping us run our second hosted meet away from home! A special thank you to **Ted Reynolds** and his crew of set-up volunteers who got out to the Twin Creeks pool at 6am to set up. Even our Blue Wave swimmers pitched in to help put the lane lines in place. Another big THANK YOU to all the parents who stayed to help us scrub chairs once again. This time we knew the magic formula and got it done in about 30 minutes. Guess we learned a lesson that even sharpies on shoulders don't mix with their chairs!

Our swimmers of the meet were: **Laura McClintock, Gregory Maska, Stefanie Buck, Zach Radle, Ethan DelRosario, Caroline Cooper, Johnmark Radle, Grace Schrobilgen, Luke Imperial, William Umstatt, Austin Heinzke, Juliana Hall, Amy Olsen, Thomas Laskowski.** See the Blue Wave web site for our list of Outstanding Performances for the Fast Frogs meet.

Note from Coach Z regarding **SWIM CAPS**: We need all swimmers to **wear either a blue Wave silicone cap or a Blue latex cap** at the Championship meet this weekend. Cloth or lycra caps are fine for practice, but they really do slow down swimmers in a race. The purpose of wearing a cap while swimming is to reduce the drag created by wet hair. A silicone or latex cap eliminates this extra weight from wet hair. A cloth/lycra cap actually makes it worse due to the trapped water. While cloth caps are more comfortable for a long practice, an entire relay of swimmers wearing cloth caps will be slower. Where every point counts, we need our swimmers to look at what's best for the team. If any swimmer needs help putting on caps quickly, our coaches are experts! We only have a few remaining Blue Wave caps, and those will be for sale at the Champs pep rally. Otherwise, you may purchase caps at Lane Four swim shop.

Champs Pep Rally will be held on Thursday, June 25th at 6pm at Schroeter Park at 11701 Big Trail. Everyone will need to bring their own chairs or blankets to sit on. We will have banners to decorate and if you would like your car windows to be painted, some of our older swimmers can do it for a \$1 donation. **Olympic Gold Medalist Brendan Hansen** will be coming to talk to our kids about his experiences in swimming and how nutrition can affect your performance. He will be bringing samples of his companies sports drink. He usually brings his Olympic medals to show the kids, lets them hold them and takes pictures. Should be a great way to send our kids off to the Champs meet!

The **CHAMPIONSHIP MEET** is on **Sunday, June 28th**. The meet is at the University of Texas Jamail Swim Center located on the corner of Martin Luther King and San Jacinto Blvd. A map to the pool is located at www.balconeswoods.org. Look on the record board for Brendan Hansen's name – he holds several UT records. If you know you will not be at Champs, please let the coaches know ASAP!! The meet will start at 10am with the national anthem sung by our senior swimmers. All swimmers must **check in with their age group parents by 8:45** so that the swimmers can be marked before they go on deck. We'll meet outside in the back lobby to get marked. Blue Wave goes on deck at 9. Warm-ups will be from 9-10 a.m. Please make sure your swimmer can be there for the entire meet. The team will sit in one bleacher area together near the American flag spectator stands. The meet is run in two pools with boys on the north side (American flag) and girls on the south end (Texas Flag).

Please note: UT restricts the number of persons allowed on the deck and bulkhead. Only parents whose jobs require them to be on Deck will be allowed on Deck. If you are required to be on Deck, our league rep, Julie Vander Stoep, will mark your name tag either at the Champs pep rally or at Champs. Wear your name tag – UT personnel will verify it as you enter the Deck area. Sorry, but **no marked tag means NO ENTRY. If you need a new name tag, let me know ASAP!** Each age group EXCEPT the 6&unders is allowed ONLY 2 age group parents on deck. (6 & unders can have 3 parents.) Again, parents will not be allowed on deck – only volunteers and ONLY during their volunteer shift. Parents cannot bring chairs onto the pool deck. Age group parents will sit in the bleachers with the swimmers. Also, UT has notified us that they will be charging \$10 per car to park in their lots near the pool due to a performance at the Bass concert hall during the same time. So, carpool if you can.

After the Championship meet our **END OF SEASON DINNER AND AWARD CEREMONY** will be held at Davis Elementary at 6pm. **Susan Anthony** has volunteered to put together a slide show of pictures from this season. Pizza, fajitas, and a Blue Wave cake will be served which will be made and decorated by our very own Coach Lesley. Every

swimmer (including our Pre-Team) will receive a trophy along with any ribbons or medals earned at the Championship Meet. We will honor our graduating seniors, recognize committee chairpersons, honor our coaches, announce the Swim-A-Cross participants and winners and have an all-around relaxing end of season party. A special thank you to the **Social Committee** for coordinating the dinner.

If your family enjoys being a part of this team as much as I have, please consider volunteering to be PRESIDENT-ELECT. The Blue Wave organization has the best group of volunteers around and that has been proved 100% this season. **Cheryl Mullins** will be the 2010 Blue Wave President. Please contact me at bwpres@gmail.com if you are interested in the opportunity. Think how easy and wonderful it will be when we are back in our own pool! Please consider helping the team.

WE ARE THE BLUE WAVE! COULDN'T BE PROUDER!

DeAnn Kiser

2009 Blue Wave President

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